



January 2025 Newsletter



Mount Si Mentor Logan and buddy

Mentor

Joining Athletes for Kids was one of the greatest decisions of my life, and has become such a beneficial part of my life. Throughout my time with my buddy, we've built a lasting friendship that has taught me skills and life lessons that I can carry on throughout other parts of my life. We always try new things, including creating new games, going on adventures outside, and indulging in our friendly competitions. I've had the opportunity to be a part of my buddy's life and his growth through his first year of high school, which has been incredibly rewarding to see. It's been a privilege to be part of his journey of challenges, victories, and gaining confidence. My favorite memory was after we won the soccer State Championship and I came off the field to see the kid with the biggest smile out there. My buddy has always been there to support me, and our friendship has been one of the greatest I've ever had. I am grateful for the journey I've had with my buddy, and can't wait to create new memories with an amazing friend.

Mentee Parent

Logan's relationship with our son has made a long-lasting, positive impact on him and our family. In the six months they have known each other, their friendship has blossomed and grown. Our son talks about Logan's generosity and how much he appreciates him.

Their time together is a highlight of each week when they spend time fishing, playing games, carving pumpkins, and making a gingerbread house. Logan's influence on our son as his mentor has given him a role model he admires and a peer in his life he can always count on to be his advocate. The special bond that has formed between them is a unique and precious gift that has improved our son's well-being and social skills. Our son not only latched onto Logan, but to his parents as well. We are incredibly thankful to Logan, his family, and the AFK program for this wonderful experience that has had a significant impact on our son's life.

Upcoming Event



Movie with My Mentor

Join us on Saturday, January 25th from 1:00 to 2:30 PM for our annual "Movie with My Mentor" event featuring The Secret Life of Pets at North Bend Theater, 125 Bendigo Blvd N, North Bend, WA 98045.

Mentors, buddies, and siblings are welcome!

Please note: Buddies may not be left at an event without their mentor or parent.

Click Here to Register

With Gratitude

















Thank you our mentor volunteers!

Thank you to all the mentors that volunteered at the Sammamish Rotary tree lot in the months of November and December. Through windstorms, rain, and freezing temperatures, mentors from 9 of our 11 chapters came out in force to set up and tear down the lot, sell and move trees, and in general offer a smile to all who entered the lot. Mentors in the program not only give to their buddy but also to the community, and we are proud of each tree lot volunteer. Thank you!

AFK Moments













As we look back on a month of memories, we look forward to more friendship moments and choosing kindness, acceptance, and inclusion every day.

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