



July 2024 Newsletter



Newport Mentor Carson and his buddy

Mentor

Athletes for kids had provided me with a new meaning of friendship and family. As a mentor it has been a privilege to work with kids who have all sorts of disabilities. It has provided me with experiences and relationships I would have never thought I'd have, allowing me to grow and learn throughout the time spent. The mentorship has also allowed for me to take note of the most important qualities to have in life such as patience and flexibility. These traits have allowed for my relationship with my buddy to extend even further allowing both of us to learn more and have fun together. Over the course of three years, the time that I have spent with my buddy has become essential to my own routine. Getting to know my buddy and hang out with him has given me a new friendship that will last forever. Having his support at my high school games and getting to be around him has been one of the best experiences I have had and I look forward to continuing our friendship.

Mentee Parent

We are incredibly grateful to AFK for the amazing positive impact Carson Sparling has had on our son's life.

Carson always arrives with a smile. He politely accepts "embraces" from our dog Mo as she eagerly greets him.

Carson and our son spend time exploring the neighborhood, stopping to swing, play basketball, or tennis in our driveway.

When the weather is bad, they get creative by playing ping pong on our kitchen table, followed by epic battles on the Xbox.

When Carson is at our house, the air is full of fun and friendly competition.

Carson is easy going, enthusiastic, kind, compassionate, and a great competitor. He knows how & when to challenge our son.

Above all, we all absolutely love Carson!

Volunteering Opportunity

A poster for Camp Waypoint pediatric therapies. At the top, the logo features a star and the text "Waypoint pediatric therapies". Below this, a green banner reads "CAMP WAYPOINT" and a blue banner reads "VOLUNTEERS NEEDED". A central photo shows a group of children and adults outdoors. Text boxes provide details: "Interested in pediatric physical therapy or looking for a fun volunteering opportunity this summer?", "Opportunity to assist pediatric PTs and SLPs working with children on various activities such as ball skills, social skills, playground, dance, bike riding and more! Half day and Full day opportunities available!", and "Volunteers should be at least 16 years old". A circular box lists locations and dates: "REDMOND, GRASS LAWN PARK: JULY 8-12TH" and "SAMMAMISH, EBRIGHT PARK: AUGUST 5-9TH". At the bottom, a green button says "REGISTER NOW" and contact information is provided: "Contact: scheduling@waypointpediatric.com or (425)629-3004".

Camp Waypoint

Looking for a fun volunteering opportunity this summer? Join Waypoint Pediatric Therapies to assist in working with children on various activities. Half day and full day opportunities available!

Redmond, Grass Lawn Park: Jul 8-12th

Sammamish, Ebright Park: Aug 5-9th

To register, email scheduling@waypointpediatric.com or call **425-629-3004**.

Please support our friends at the Rotary Club of Snoqualmie

SipFest 2024:

A Wine and Cider Sipping Event
Saturday, July 13th
5:00 pm-8:00 pm

Snoqualmie Railroad Park at Downtown Historic Snoqualmie
7971 Railroad Ave SE, Snoqualmie

The 8th annual SipFest Snoqualmie is Saturday, July 13th outdoors in the picturesque Snoqualmie Railroad Park. Enjoy the open air and abundance of space in a healthy, safe environment to stroll about, sip, mingle, munch, and listen to live music by Nick Mardon. Two food trucks will be on site. This is a 21+ event so children may not be able to attend.

Advance purchase web site price: \$45
Price at door (if available): \$55
Designated Driver (Free soda/no wine or cider): \$10

Buy your tickets here:

[SipFest Snoqualmie in Snoqualmie at Railroad Park \(tickettomato.com\)](https://www.tickettomato.com)

With Gratitude



Thank you 2024 Graduates!

Thank you to the 65 AFK mentor graduates. Between them, they accumulated 6,350 hours of mentoring. On behalf of the Athletes for Kids organization, the mentee parents, and the community, we are most grateful. Best wishes for a fantastic future!

AFK Moments



As we look back on a month of memories, we look forward to more friendship moments and choosing kindness, acceptance, and inclusion every day.

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